



FOR IMMEDIATE RELEASE
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NDL now offers a Virtual Author Talk Series each Month

Northville, MI: Northville District Library (NDL) now showcases a virtual author talk series each month in collaboration with the Library Speakers Consortium. Each virtual author talk series features worldwide bestselling, award-winning, and highly acclaimed authors. A wide range of fiction and nonfiction genres will be represented.

This free, virtual series takes place two to three times a month and includes the opportunity to ask questions to the author. A complete list of upcoming events is available on NDL's virtual author talk series website at <https://libraryc.org/northvillelibrary>. Recordings of past talks are also available to access.

Author Talks scheduled for this September include:

🕒 Thursday, September 7 at 7 PM - Lidia Bastianich

You're invited to an intimate evening with award-winning television host and bestselling author Lidia Bastianich as she talks about her memoir *My American Dream: A Life of Love, Family, and Food*.

Born in Pula, on the Istrian peninsula, Lidia grew up surrounded by love and security, learning the art of Italian cooking from her beloved grandmother. But when a communist regime annexed Istria, Lidia's family fled to Trieste, where they spent two years in a refugee camp waiting for visas to enter the United States. When she finally arrived in New York, Lidia soon began working in restaurants, the first step leading to her becoming one of the most revered chefs and businesswomen in the country. Heartwarming, deeply personal, and powerfully inspiring, *My American Dream* is the story of Lidia's close-knit family and her dedication and endless passion for food.

As a special bonus (and pre-release!) Lidia will preview and chat about her newest cookbook, *Lidia's From Our Family Table to Yours: More Than 100 Recipes Made With Love For All Occasions: A Cookbook*.

🕒 September 20 at 2 PM - Adam Alter

Join us as we chat with New York Times bestselling author Adam Alter about his new book, *Anatomy of a Breakthrough: How to Get Unstuck When It Matters Most*.


Almost everyone feels stuck in some way. Whether you're muddling through a midlife crisis, wrestling with writer's block, trapped in a thankless job, or trying to remedy a fraying friendship, the resulting emotion is usually a mix of anxiety, uncertainty, fear, anger, and numbness. But it doesn't have to be this way. *Anatomy of a Breakthrough* is the roadmap we all need to escape our inertia and flourish in the face of friction.



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The solution to becoming unstuck rests on a process that Alter calls a friction audit. The friction audit states that people and organizations get unstuck when they overcome three sources of friction: HEART (unhelpful emotions); HEAD (unhelpful patterns of thought); and HABIT (unhelpful behaviors).

Alter teaches us that getting stuck is a feature rather than a glitch on the road to thriving, but with the right tweaks and corrections, we can reach even our loftiest targets.

 **September 27 at 8 PM - Amor Towles**

Tune in as we chat online with New York Times bestselling author Amor Towles about his incredible body of work. His books have sold more than 6 million copies worldwide and have been heralded as irresistible, marvelous, and gorgeously crafted books of beauty.

Rules of Civility, published in 2011, was a New York Times bestseller and was named by the Wall Street Journal as one of the year's best books.

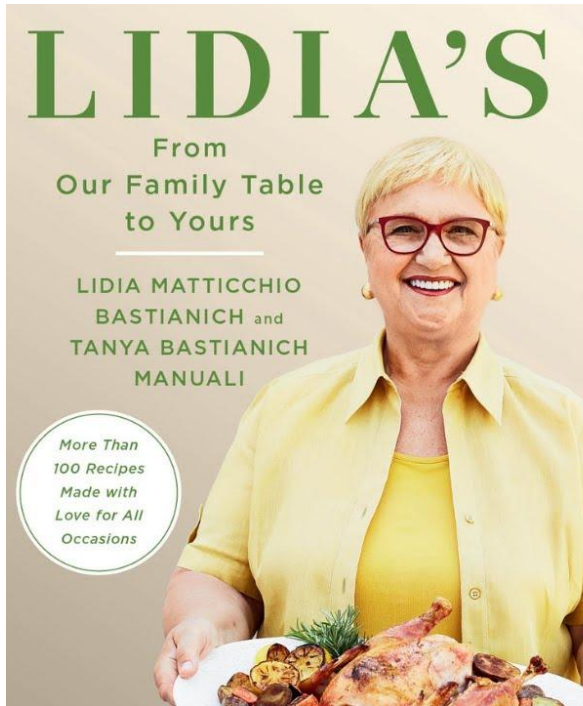
Towles's second novel, *A Gentleman in Moscow*, published in 2016, was on the New York Times bestseller list for two years and was named one of the best books of 2016 by the Chicago Tribune, the Washington Post, the Philadelphia Inquirer, the San Francisco Chronicle, and NPR.

Most recently, in 2021, *The Lincoln Highway* debuted at #1 on the New York Times bestseller list and was a Today Show, "Read with Jenna" book club pick as well as one of the New York Times 100 Notable Books of 2021, a Washington Post "Best Book of the Year," one of Barack Obama's favorite books of 2021, and was one of Bill Gates' "5 Great Books for the Summer."

All events are free and open to the public. For more information or to register for the author talks, visit <https://libraryc.org/northvillelibrary> or call (248)349-3020 and ask to speak to a librarian. NDL can also be found online at: northvillelibrary.org, and on social media: Facebook, Instagram, TikTok, YouTube, Spotify, and Threads.



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"A memoir as rich and complex as her mushroom ragù."
—O, The Oprah Magazine

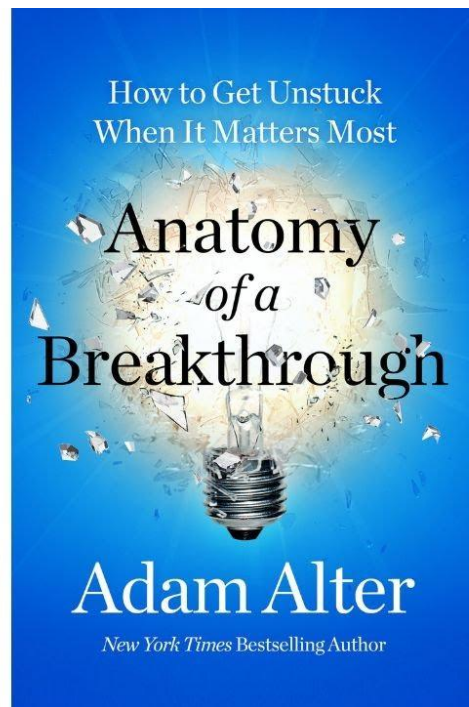
My American Dream



*A Life of Love,
Family, and Food*

LIDIA MATTICCHIO
BASTIANICH

Credit: John Fitzgerald





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